



**Monday**  
**November 24, 2025**

**Heritage Woods**  
**Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



# My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored





# Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.



# **GRADE 12 ANNOUNCEMENT**

**Semester 2 Study  
Block Forms**

**Due December 1st**

# BUY YOUR YEARBOOK

## INFO

- Available on School Cash Online
- We sold out last year, so don't miss out!
- No extra copies will be ordered.
- You must have all school fees paid in order to pick up your book.

\$60

Buy before  
December 19



# STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



# *Annual Plant Sale*

*Don't Miss Out!!*

Treat your family, neighbours, friends, with a beautiful plant or bloom buddy. Check out the link (posted around the school) or at the QR code.

These are high quality plants and last forever – unlike the Save-On-Foods and Costco brands.

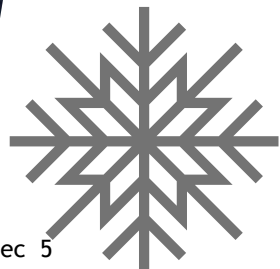
*Order DEADLINE – Monday, Nov. 24*



# International Student and ELL Field Trip



- ▶ Canyon Lights @ Capilano Suspension Bridge Park and Park Royal Mall
- ▶ Date: Thurs December 11, 2025
- ▶ Time: 2: 45 PM - 9 PM
- ▶ Cost: \$50 (for ticket, snack and hot beverage, transport)
- ▶ **SPACE IS LIMITED!!!**
- ▶ See Ms. Lee or Ms. Mak in Room 245 to sign up.  
Deadline: 4<sup>th</sup> Dec



Dec 5



# CLUBS



PET PALS CLUB

# Donation For Pets in Need

Accepting: *pet food, toys,  
and blankets*

Drop off in the box beside  
the office!

**From Nov 10-Nov 28**



# CAREER CENTER





# PSBC Mini Fair

- 15 – 20 BC Post-Secondaries will be here
- Tuesday November 25 9 – 11am Grand Hall
- Come and chat with reps from:
  - BCIT, Douglas, UVic, SFU, Capilano U, Thompson Rivers U, Vancouver Community College, Emily Carr, U Northern BC, Langara, Vancouver Island U, Trinity Western, U Fraser Valley, Kwantlen Polytechnic U, FDU, Canadian Forces
- Great opportunity to speak 1:1 and ask questions about the programs they offer and admission requirements



**Technovation Girls** is a global nonprofit program that empowers girls (ages 8–18) to become leaders, creators, and problem solvers through technology and entrepreneurship.

Each year, Technovation Girls hosts a **free international competition** where teams of girls identify a real-world problem in their community and develop a mobile app or AI solution to address it — with guidance from mentors and educators. It's an incredible opportunity for students to build coding, teamwork, and leadership skills while making a positive impact.

This year's Technovation Challenge is officially kicking off, and students can register for the challenge **TODAY!**

To learn more visit:

: <https://technovationchallenge.org>.



**TECHNOVATION**  
**YOU CAN CHANGE THE WORLD**

- Team up with friends to find a **real problem** you want to solve
- **Learn how to code** an app or AI prototype that solves the problem
- Learn how to **start a business** & pitch your ideas
- Submit your project for a chance to **win a scholarship** in a global competition

**SIGN UP TODAY**

#CODING is my SUPERPOWER

The graphic features a blue and white color scheme with circular cutouts showing girls working together. A pink button with the text 'SIGN UP TODAY' is prominent on the right. At the bottom, a hand holds a yellow circular sign with the hashtag '#CODING is my SUPERPOWER'. The background includes a blue and white striped pattern at the bottom right.

# EXPLORE UVIC

**ALL OF UVIC. ALL IN ONE DAY.**  
**Saturday, Nov. 29, 2025**

Register for this in-person, on-campus event!

[uvic.ca/explore](https://uvic.ca/explore) | [recruitment@uvic.ca](mailto:recruitment@uvic.ca) | 250-721-8949



# Explore CapU Open House

Saturday, November 29

- Discover dozens of programs
- Learn about financial aid and entrance awards
- Connect with faculty, peers and current students

RSVP at  
[CapilanoU.ca/explore](https://CapilanoU.ca/explore)



# COMMUNITY



# Volunteers Needed @ Community Dinners

**Who?** Students needing volunteer hours/ Students interested in culinary or hospitality industry

**What?** Help with Community Dinner (some prep, serve, set up and take down)

**When?** 4-7:30 PM, 3<sup>rd</sup> Wednesday every month  
(next dinners are 19<sup>th</sup> Nov and 17 Dec)

**Where?** St. Stephen's Church (near Loughheed Mall & Cameron Rec. Centre )

- +You will be learning and helping under the guidance of a Red Seal Chef
- +You are invited to partake in the yummy community meal
- +Letters acknowledging volunteer hours and reference letters available

Email Chef Theresa Lum for more information: [tmlum@hotmail.com](mailto:tmlum@hotmail.com)



# Winter Brunch Volunteers Needed



**Friendly Forest Preschool is looking for volunteers to help with our annual Winter Brunch holiday event.**

**Date: Sunday November 30**

**Event time: 10am - 12pm**

**Location: Anmore Elementary School**

**All volunteers will receive a break with brunch included and proof of volunteer hours completed.**

**To sign up please send your current resume or contact information via email to:**  
**[social@friendlyforestpreschool.com](mailto:social@friendlyforestpreschool.com)**



Looking for enthusiastic volunteers to help spread holiday cheer and assist with the following tasks:

Set up: tables/chairs/holiday decor

Reception: greet guests

Craft station: engage kids in creative activities

Food: help with serving, clearing plates

Cleanup: after the event

